

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

May 2024 Lunch Menu



Notes: Menu may be subjected to change without notice.

Sit-down congregate lunch served from 12pm – 1pm, M-F.

Coffee/tea set up is available starting at 9am.

		1 Meaty Lentil & Mushroom Meatballs Roasted Veggie Couscous Sautéed Spinach and Kiwi	2 Italian Roast Chicken Penne Steamed Broccoli and Cauliflower	3 Teriyaki Baked Fish Haluski (Noodles and Cabbage) Sautéed Bok Choy Canned Pineapple
6 Spanish Style Beef Stew Egg Noodles Steamed Broccoli and Cauliflower Apple	7 Turkey Kofta Kabobs Brown Rice and Mushrooms Normandy Blend Fruit Cocktail	8 Chickpeas Mama's Pasta Faggioli Capri Blend Veggies Orange	9 Maple Dijon Chicken Thighs Baked mac and Cheese Italian Cut Green Beans Mango Applesauce	10 Baked Fish with Mushrooms and Peppers White Rice + Quinoa Sautéed Spinach Kiwis
13 Roasted Turkey Breast Sautéed Spinach Sweet Baked Yams Apple and Cranberry Sauce	14 Chicken Alfredo Penne Italian Cut Green Beans Canned Pineapple	15 Eggplant Chickpea Tagine Couscous Steamed Carrots with Green Beans and an Orange	16 Chicken Biryani Cauliflower and Pea Curry Applesauce and Raisins	17 Jerk Fish California Blend Veggies Garlic Mashed Potatoes Banana
20 Beef Meatloaf with Mushroom Gravy Garlic Mashed Potatoes California Blend Veggies Banana	21 BBQ Pork Chops Brown Rice with Black Beans Broccoli and Red Peppers Fruit Cocktail	22 Indulgent Mushroom and lentil Stroganoff Baby Carrots and Parsley Orange	23 Jerk Chicken Leg Quarter Brown Mushrooms Sautéed Green beans with Onions Mango	24 Asian Style White Fish with Cilantro Chinese Style Spaghetti Brussel Sprouts Kiwis
27 Ginger Garlic Beef Stew Whole Wheat Pasta Italian Blend Veggies Apple	28 Chicken Kofta Kabobs Baby Carrots and Parsley Parmesan Rosemary Mashed Potatoes Fruit Cocktail	29 Ital Stew (Indulgent Bean and Veggie Stew) Red Lentil Pasta Cauliflower with Carrots and Parsley Banana	30 Chicken Chasseur Half White Rice Half Quinoa Sautéed Spinach Orange	31 Baked Fish with a Lemon Dill Marinade California Blend Veggies Garlic Mashed Potatoes Mango

CARTER BURDEN NETWORK

CARTER BURDEN LUNCHEON CLUB

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Hours Open to the Public:

Monday to Tuesday 9am – 4pm, Wednesday 9am – 3pm, Thursday to Friday 9am – 4pm